

## Grief Support Groups January - March 2025

**Suncoast Hospice invites you** to participate in one of our grief support groups. These groups are designed to provide you support after the loss of someone important to you. Grieving is a uniquely personal experience, and many people find comfort, hope and strength by coming together with others to remember loved ones.

Our groups are open to those who cared for and/or the immediate family members of those who were under the care of Suncoast Hospice and anyone in our community who has experienced a loss. The groups are generally six-weeks long and are facilitated by trained and experienced counselors. There is no cost for these groups. We also provide special educational workshops and community memorial services at various times during the year.

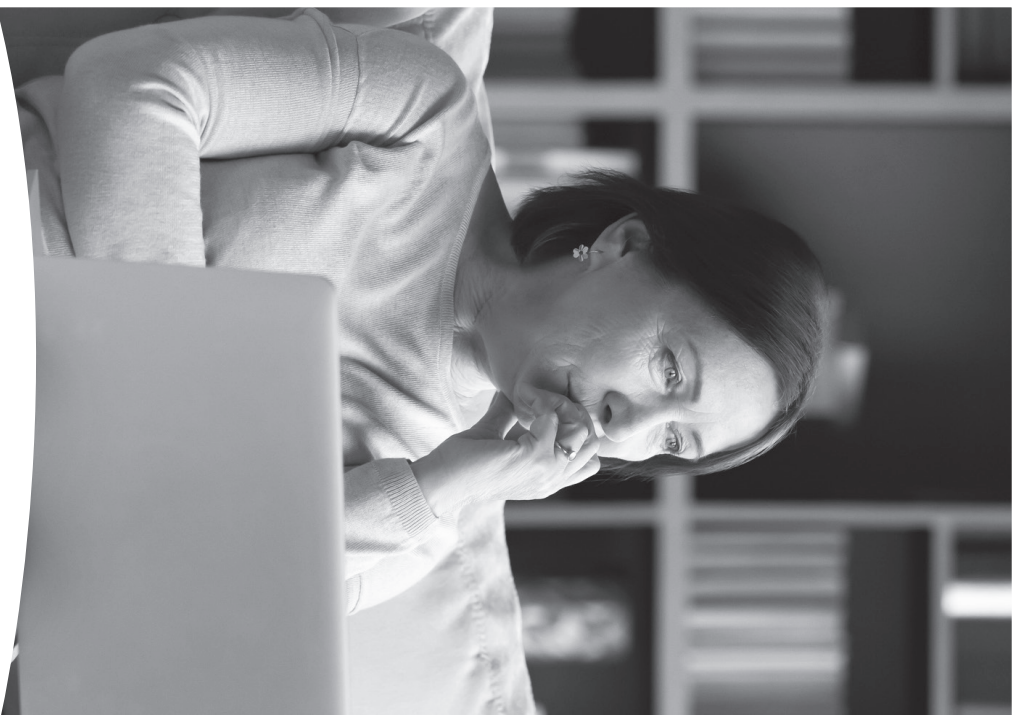
Please take some time to review this brochure and select a group that suits your needs. A new schedule is mailed quarterly throughout the year. We hope you find a group at a time and location convenient to you.

**To register for a group, call our registration line at (727) 549-7133. Individual counseling is available through the Bereavement and Empath Grief Care programs. Call (727) 549-7133 for more information.**

We are here to support you through your journey of healing.

 **SUNCOAST HOSPICE**

SHPC-24-0793



### Additional Resources Available

The grief experience is personal and everyone needs different support and/or information at different times. Suncoast Hospice's bereavement professionals have created additional resources to help. Visit [SuncoastHospice.org/Grief](https://SuncoastHospice.org/Grief) to find an extra layer of support.



## Grief Support Groups

January - March 2025



5771 Roosevelt Boulevard  
Clearwater, FL 33760  
(727) 467-7423 • [EmpathHealth.org](https://EmpathHealth.org)

## Grief Support Groups January–March 2025

### NORTH COUNTY GROUPS

#### Adult Loss of Parent

January 2–February 6

Thursdays, 6:00 pm–8:00 pm

Community Service Center

Gathering Place, Room 1

2675 Tampa Rd., Palm Harbor, 34684

Facilitator: Michelle Eaton, LCSW

#### Spouse Loss Retirement Years

January 31–March 7

Fridays, 10:00 am–Noon

Hale Activity Center

330 Douglas Ave., Dunedin, 34698

Facilitator: Michelle Rock, LCSW

#### Spouse Loss Working Years

February 4–March 11

Tuesdays, 6:00 pm–8:00 pm

Community Service Center

Gathering Place, Room 1

2675 Tampa Rd., Palm Harbor, 34684

Facilitator: Stephany Weaver, LCSW

#### General Grief and Loss

February 4–March 11

Tuesdays, 10:00 am–Noon

Community Service Center

Gathering Place, Room 4

2675 Tampa Rd., Palm Harbor, 34684

Facilitator: Grace Wilson, LCSW

#### Spouse Loss Retirement Years

March 4–April 8

Tuesdays, 11:30 am–1:30 pm

Community Service Center

Gathering Place, Room 1

2675 Tampa Rd., Palm Harbor, 34684

Facilitator: Sandy Zeppieri, LCSW

### MID-COUNTY GROUPS

#### Spouse Loss Working Years

January 8–February 12

Wednesdays, 6:00 pm–8:00 pm

Community Service Center

Garden House

5771 Roosevelt Blvd., Clearwater, 33760

Facilitator: Joe Bixler, LCSW

#### Adult Loss of Parent

January 9–February 13

Thursdays, 6:00 pm–8:00 pm

Community Service Center

Garden House

5771 Roosevelt Blvd., Clearwater, 33760

Facilitator: Dwight Douglass, LCSW

#### Spouse Loss Retirement Years

February 5–March 12

Wednesdays, 3:00 pm–5:00 pm

Community Service Center

Garden House

5771 Roosevelt Blvd., Clearwater, 33760

Facilitator: Helen Stellrecht, LCSW, MPH

#### General Grief & Loss

February 5–March 12

Wednesdays, Noon–2:00 pm

Community Service Center

Gathering Place, Room C

5771 Roosevelt Blvd., Clearwater, 33760

Facilitator: Carmen Bales, MSW, LCSW

### SOUTH COUNTY GROUPS

#### Adult Loss of Parent

January 15–February 19

Wednesdays, 6:00 pm–8:00 pm

Community Service Center

Gathering Place, Room 112B

3050 1st Ave. S., St. Petersburg, 33712

Facilitator: Paul Lomangino, LCSW

#### Spouse Loss Retirement Years

February 4–March 11

Tuesdays, 2:00 pm–4:00 pm

Community Service Center

Gathering Place, 126

3050 1st Ave. S., St. Petersburg, 33712

Facilitator: Edith Gunter, PhD, LCSW

#### Spouse Loss Working Years

February 4–March 11

Tuesdays, 6:00 pm–8:00 pm

Community Service Center

Gathering Place, Room 112D

3050 1st Ave. S., St. Petersburg, 33712

Facilitator: Michelle Parasole, LCSW

#### General Grief and Loss

February 5–March 12

Wednesdays, Noon–2:00 pm

Community Service Center

Gathering Place, Room 126

3050 1st Ave. S., St. Petersburg, 33712

Facilitator: Sharyl St. John, LCSW

**Registration Required  
Call (727) 549-7133  
to Register**

**Please notify us if there are  
special accommodations or  
assistance you will need.**

To respect the group process, new  
members are not admitted  
after the second session. Individual  
counseling is available.