



## **Grief Support Groups**

### **July–September 2024**

**Suncoast Hospice invites you** to participate in one of our grief support groups. These groups are designed to provide you support after the loss of someone important to you. Grieving is a uniquely personal experience, and many people find comfort, hope and strength by coming together with others to remember loved ones.

Our groups are open to those who cared for and/or the immediate family members of those who were under the care of Suncoast Hospice and anyone in our community who has experienced a loss. The groups are generally six-weeks long and are facilitated by trained and experienced counselors. There is no cost for these groups. We also provide special educational workshops and community memorial services at various times during the year.

Please take some time to review this brochure and select a group that suits your needs. A new schedule is mailed quarterly throughout the year. We hope you find a group at a time and location convenient to you.

**To register for a group, call our registration line at (727) 549-7133. Individual counseling is available through the Bereavement and Empath Grief Care programs. Call (727) 549-7133 for more information.**

We are here to support you through your journey of healing.





# Grief Support Groups

## July–September 2024

### NORTH COUNTY GROUPS

#### Spouse Loss Retirement Years

July 8–August 12

Mondays, 2:00 pm–4:00 pm

Community Service Center  
Gathering Place, Room 1  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: Barbara McCormick, LCSW

#### Adult Loss of Parent

July 10–August 14

Wednesdays, 6:00 pm–8:00 pm

Community Service Center  
Gathering Place, Room 1  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: Joe Bixler, LCSW

#### Spouse Loss Working Years

August 6–September 10

Tuesdays, 6:00 pm–8:00 pm

Community Service Center  
Gathering Place, Room 1  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: James Buckey, MSW, RCSWI

#### General Grief and Loss

September 3–October 8

Tuesdays, 9:00 am–11:00 am

Community Service Center  
Gathering Place, Room 1  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: Shay (Sherri) McCann, LCSW

#### Spouse Loss Retirement Years

September 3–October 8

Tuesdays, Noon–2:00 pm

Community Service Center  
Gathering Place, Room 1  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: Susan Wilkie, LMHC

### MID-COUNTY GROUPS

#### Spouse Loss Retirement Years

July 10–August 14

Wednesdays, 10:00 am–Noon

Community Service Center  
Garden House  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Dwight Douglass, LCSW

#### Spouse Loss Working Years

July 10–August 14

Wednesdays, 6:00 pm – 8:00 pm

Community Service Center  
Garden House  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Ron Gabriau, LCSW

#### Adult Loss of Parent

July 22–August 26

Mondays, 5:00 pm–7:00 pm

Community Service Center  
Garden House  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Helen Stellrecht, LCSW, MPH



**Registration Required**  
**Call (727) 549-7133 to Register**

**Please notify us if there are special accommodations or assistance you will need.**

**General Grief & Loss**

**September 4–October 9**  
**Wednesdays, 10:00 am–Noon**

Community Service Center  
Garden House  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Chrystenn Lightbourne, MSW,  
RCSWI

**SOUTH COUNTY GROUPS**

**Adult Loss of Parent**

**July 31–September 4**  
**Wednesdays, 6:00 pm–8:00 pm**

Community Service Center  
Training Room 126  
3050 1st Ave. S., St. Petersburg, 33712  
Facilitator: Christiana Amolese, MSW RMHCI

**Spouse Loss Working Years**

**August 7–September 11**  
**Wednesdays, 6:00 pm–8:00 pm**

Community Service Center  
Gathering Place, Room 112B  
3050 1st Ave. S., St. Petersburg, 33712  
Facilitator: Dee Brandon, cPhD, MSW, MCP

**Spouse Loss Retirement Years**


**August 20–September 24**  
**Tuesdays, 10:00 am–Noon**

Community Service Center  
Gathering Place, 112D  
3050 1st Ave. S., St. Petersburg, 33712  
Facilitator: Karuna Reiff, LCSW

**General Grief and Loss**

**September 4–October 9**  
**Wednesdays, 1:30 pm–3:30 pm**

Community Service Center  
Gathering Place, Room 112B  
3050 1st Ave. S., St. Petersburg, 33712  
Facilitator: Alice W. Marks, MSW, RCSWI





## **Additional Resources Available**

The grief experience is personal and everyone needs different support and/or information at different times. Suncoast Hospice's bereavement professionals have created additional resources to help. Visit [SuncoastHospice.org/Grief](https://www.SuncoastHospice.org/Grief) to find an extra layer of support.



5771 Roosevelt Boulevard  
Clearwater, FL 33760  
(727) 467-7423 • EmpathHealth.org