Grief Support Groups

July-September 2024

Suncoast Hospice invites you to participate in one of our grief support groups. These groups are designed to provide you support after the loss of someone important to you. Grieving is a uniquely personal experience, and many people find comfort, hope and strength by coming together with others to remember loved ones.

Our groups are open to those who cared for and/or the immediate family members of those who were under the care of Suncoast Hospice and anyone in our community who has experienced a loss. The groups are generally six-weeks long and are facilitated by trained and experienced counselors. There is no cost for these groups. We also provide special educational workshops and community memorial services at various times during the year.

Please take some time to review this brochure and select a group that suits your needs. A new schedule is mailed quarterly throughout the year. We hope you find a group at a time and location convenient to you.

To register for a group, call our registration line at (727) 549-7133. Individual counseling is available through the Bereavement and Empath Grief Care programs. Call (727) 549-7133 for more information.

We are here to support you through your journey of healing.







Grief Support Groups

July-September 2024

NORTH COUNTY GROUPS

Spouse Loss Retirement Years July 8-August 12

Mondays, 2:00 pm-4:00 pm

Community Service Center Gathering Place, Room 1 2675 Tampa Rd., Palm Harbor, 34684 Facilitator: Barbara McCormick, LCSW

Adult Loss of Parent

July 10-August 14 Wednesdays, 6:00 pm-8:00 pm

Community Service Center Gathering Place, Room 1 2675 Tampa Rd., Palm Harbor, 34684 Facilitator: Joe Bixler, LCSW

Spouse Loss Working Years

August 6-September 10 Tuesdays, 6:00 pm-8:00 pm

Community Service Center Gathering Place, Room 1 2675 Tampa Rd., Palm Harbor, 34684 Facilitator: James Buckey, MSW, RCSWI

General Grief and Loss

September 3-October 8 Tuesdays, 9:00 am-11:00 am

Community Service Center Gathering Place, Room 1 2675 Tampa Rd., Palm Harbor, 34684 Facilitator: Shay (Sherri) McCann, LCSW

Spouse Loss Retirement Years

September 3-October 8 Tuesdays, Noon-2:00 pm

Community Service Center Gathering Place, Room 1 2675 Tampa Rd., Palm Harbor, 34684 Facilitator: Susan Wilkie, LMHC

MID-COUNTY GROUPS

Spouse Loss Retirement Years July 10-August 14

Wednesdays, 10:00 am-Noon

Community Service Center Garden House 5771 Roosevelt Blvd., Clearwater, 33760 Facilitator: Dwight Douglass, LCSW

Spouse Loss Working Years

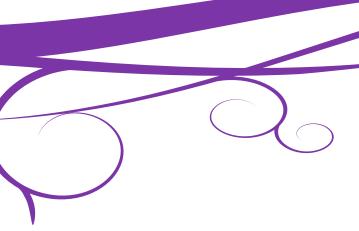
July 10-August 14 Wednesdays, 6:00 pm – 8:00 pm

Community Service Center Garden House 5771 Roosevelt Blvd., Clearwater, 33760 Facilitator: Ron Gabriau, LCSW

Adult Loss of Parent

July 22-August 26 Mondays, 5:00 pm-7:00 pm

Community Service Center Garden House 5771 Roosevelt Blvd., Clearwater, 33760 Facilitator: Helen Stellrecht, LCSW, MPH



Registration Required Call (727) 549-7133 to Register

Please notify us if there are special accommodations or assistance you will need.

General Grief & Loss

September 4-October 9 Wednesdays, 10:00 am-Noon

Community Service Center Garden House 5771 Roosevelt Blvd., Clearwater, 33760 Facilitator: Chrystenn Lightbourne, MSW, RCSWI

SOUTH COUNTY GROUPS

Adult Loss of Parent

July 31-September 4 Wednesdays, 6:00 pm-8:00 pm

Community Service Center Training Room 126 3050 1st Ave. S., St. Petersburg, 33712 Facilitator: Christiana Amolese, MSW RMHCI

Spouse Loss Working Years

August 7-September 11 Wednesdays, 6:00 pm-8:00 pm

Community Service Center Gathering Place, Room 112B 3050 1st Ave. S., St. Petersburg, 33712 Facilitator: Dee Brandon, cPhD, MSW, MCP

Spouse Loss Retirement Years

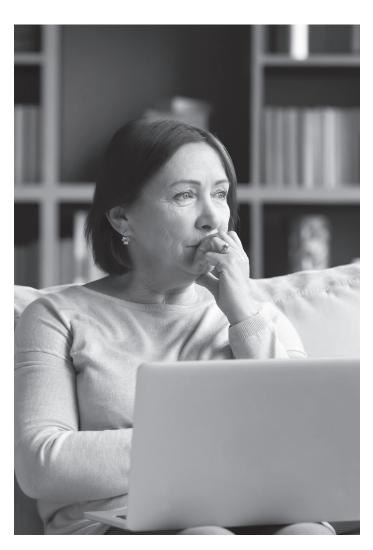
August 20-September 24 Tuesdays, 10:00 am-Noon

Community Service Center Gathering Place, 112D 3050 1st Ave. S., St. Petersburg, 33712 Facilitator: Karuna Reiff, LCSW

General Grief and Loss

September 4-October 9 Wednesdays, 1:30 pm-3:30 pm

Community Service Center Gathering Place, Room 112B 3050 1st Ave. S., St. Petersburg, 33712 Facilitator: Alice W. Marks, MSW, RCSWI



Additional Resources Available

The grief experience is personal and everyone needs different support and/or information at different times. Suncoast Hospice's bereavement professionals have created additional resources to help. Visit SuncoastHospice.org/Grief to find an extra layer of support.

