

# scheduled in-person Coping with the Holidays sessions, please visit **SuncoastHospice.org/Grief** to find a recording of our Hope for the Holidays Facebook Live to learn about strategies to help you and your loved ones work through the upcoming holiday season. You can also find other grief resources to guide you. holiday season.

If you cannot attend one of our

Online

**Grief Resources** 





5771 Roosevelt Blvd. Clearwater, FL 33760

ADDRESS SERVICE REQUESTED BRV 10/22



Grief



# NON-PROFIT ORGANIZATION U.S. POSTAGE PAID EMPATH HEALTH

# Grief Support Groups

October-December 2022

**Suncoast Hospice invites you** to participate in one of our grief support groups. These groups are designed to provide you support after the loss of someone important to you. Grieving is a uniquely personal experience and many people find comfort, hope and strength by coming together with others to remember loved ones.

Our groups are open to those whose loved ones were under the care of Suncoast Hospice and anyone in our community who has experienced a loss. The groups are generally six-weeks long and are facilitated by trained and experienced counselors. There is no cost for these groups. We also provide special educational workshops and community memorial services at various times during the year.

Please take some time to review this brochure and select a group that suits your needs. A new schedule is mailed quarterly throughout the year. We hope you find a group at a time and location convenient to you.

For the safety of our participants, staff and volunteers: Masks may be required and group size may be limited based on the size of the room to provide physical distancing.

To register for a group, call our registration line at (727) 523-3455. Individual counseling is available through the Bereavement and Community Counseling programs. Call (727) 549-7133 for more information.

We look forward to supporting you through your journey of healing.











# Grief Support Groups

October-December 2022



To respect the group process, new members are not admitted after the second session. Individual counseling is available.

### NORTH COUNTY GROUPS Spouse Loss: Retirement Years October 6-November 10 Thursdays, 2:30 pm-4:30 pm

Community Service Center Community Room 1 2675 Tampa Rd., Palm Harbor, 34684 Facilitator: Barbara McCormick, LCSW

### **Spouse Loss: Working Years**

October 11–November 15 Tuesdays, 6 pm–8 pm

Community Service Center Community Room 1 2675 Tampa Rd., Palm Harbor, 34684 Facilitator: Joseph Bixler, LCSW

### **Spouse Loss: Retirement Years**

October 25–November 29 Tuesdays, 1 pm–3 pm

Community Service Center Community Room 1 2675 Tampa Rd., Palm Harbor, 34684 Facilitator: Kayla Zuniga, RCSWI

### **Adult Loss of Parent**

November 8-December 13 Tuesdays, 6 pm-8 pm

Community Service Center
Community Room 3
2675 Tampa Rd., Palm Harbor, 34684
Facilitator: Myrtle Rhena Clark, MSW, RCSWI

# MID-COUNTY GROUPS General Grief and Loss

October 10-November 21 Mondays, 6 pm-8 pm

Community Service Center Garden House 5771 Roosevelt Blvd., Clearwater, 33760 Facilitator: Nathan Vail, RCSWI

### **Spouse Loss: Retirement Years**

October 13-November 17 Thursdays, 10 am-Noon

Community Service Center Gathering Place West 5771 Roosevelt Blvd., Clearwater, 33760 Facilitator: Dwight Douglass, LCSW

### **Spouse Loss: Working Years**

November 2-December 14 Wednesdays 6 pm-8 pm

Community Service Center Gathering Place West 5771 Roosevelt Blvd., Clearwater, 33760 Facilitator: Christina Boulding, LCSW

### **Adult Loss of Parent**

November 9-December 21 Wednesdays, 6:15 pm-8:15 pm

Community Service Center Garden House 5771 Roosevelt Blvd., Clearwater, 33760 Facilitator: Daniella Saiz Calderon, MSW

### SOUTH COUNTY GROUPS

Spouse Loss: Retirement Years
October 4-November 9

October 4-November 8 Tuesdays, 10 am-Noon

Community Service Center Community Room 112B 3050 1st Ave. S., St. Petersburg, 33712 Facilitator: Karuna Reiff, LCSW

### **Spouse Loss: Working Years**

October 5-November 9 Wednesdays, 6 pm-8 pm

Community Service Center Room 112D 3050 1st Ave. S., St. Petersburg, 33712 Facilitator: Chloe Brunner, MSW

### **General Grief and Loss**

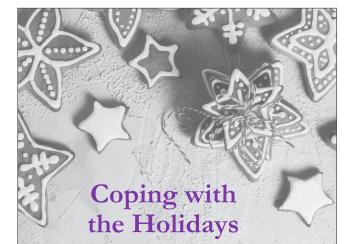
October 13-November 17 Thursdays, 10 am-Noon

Community Service Center Community Room 112D 3050 1st Ave. S., St. Petersburg, 33712 Facilitator: Suzette Lemrow, RCSWI

### **Adult Loss of Parent**

November 1-December 6 Tuesdays, 6 pm-8 pm

Community Service Center Community Room, 112D 3050 1st Ave. S., St. Petersburg, 33712 Facilitator: Paul Lomangino, LCSW



### Wednesday, November 9 10 am-11:30 am

Community Service Center Garden House 5771 Roosevelt Blvd., Clearwater, 33760 Facilitator: Dwight Douglass, LCSW

# Thursday, November 10 6 pm-7:30 pm

Community Service Center Room 112B 3050 1st Ave. S., St. Petersburg, 33712 Facilitator: Paul Lomangino, LCSW

# Thursday, November 17 6 pm-7:30 pm

Community Service Center Conference Room 2 2675 Tampa Rd., Palm Harbor, 34684 Facilitator: Joseph Bixler, LCSW





