

# Grief Support Groups

October–December 2022

**Suncoast Hospice invites you** to participate in one of our grief support groups. These groups are designed to provide you support after the loss of someone important to you. Grieving is a uniquely personal experience and many people find comfort, hope and strength by coming together with others to remember loved ones.

Our groups are open to those whose loved ones were under the care of Suncoast Hospice and anyone in our community who has experienced a loss. The groups are generally six-weeks long and are facilitated by trained and experienced counselors. There is no cost for these groups. We also provide special educational workshops and community memorial services at various times during the year.

Please take some time to review this brochure and select a group that suits your needs. A new schedule is mailed quarterly throughout the year. We hope you find a group at a time and location convenient to you.

***For the safety of our participants, staff and volunteers: Masks may be required and group size may be limited based on the size of the room to provide physical distancing.***

**To register for a group, call our registration line at (727) 523-3455. Individual counseling is available through the Bereavement and Community Counseling programs. Call (727) 549-7133 for more information.**

We look forward to supporting you through your journey of healing.



SHPC-22-0696



NON-PROFIT  
ORGANIZATION  
U.S. POSTAGE  
**PAID**  
EMPATH HEALTH

## Online Grief Resources

If you cannot attend one of our scheduled in-person Coping with the Holidays sessions, please visit [SuncoastHospice.org/grief](https://SuncoastHospice.org/grief) to find a recording of our Hope for the Holidays Facebook Live to learn about strategies to help you and your loved ones work through the upcoming holiday season. You can also find other grief resources to guide you. holiday season.



5771 Roosevelt Blvd.  
Clearwater, FL 33760

ADDRESS SERVICE REQUESTED  
BRV 10/22



## Grief

## Support Groups

October–December 2022



5771 Roosevelt Boulevard  
Clearwater, Florida 33760  
(727) 467-7423 • [EmpathHealth.org](https://EmpathHealth.org)



# Grief Support Groups

October–December 2022

Registration Required  
CALL (727) 523-3455 TO REGISTER

To respect the group process, new members are not admitted after the second session. Individual counseling is available.

## NORTH COUNTY GROUPS

### Spouse Loss: Retirement Years

October 6–November 10

Thursdays, 2:30 pm–4:30 pm

Community Service Center

Community Room 1

2675 Tampa Rd., Palm Harbor, 34684

Facilitator: Barbara McCormick, LCSW

### Spouse Loss: Working Years

October 11–November 15

Tuesdays, 6 pm–8 pm

Community Service Center

Community Room 1

2675 Tampa Rd., Palm Harbor, 34684

Facilitator: Joseph Bixler, LCSW

### Spouse Loss: Retirement Years

October 25–November 29

Tuesdays, 1 pm–3 pm

Community Service Center

Community Room 1

2675 Tampa Rd., Palm Harbor, 34684

Facilitator: Kayla Zuniga, RCSWI

### Adult Loss of Parent

November 8–December 13

Tuesdays, 6 pm–8 pm

Community Service Center

Community Room 3

2675 Tampa Rd., Palm Harbor, 34684

Facilitator: Myrtle Rhena Clark, MSW, RCSWI

## MID-COUNTY GROUPS

### General Grief and Loss

October 10–November 21

Mondays, 6 pm–8 pm

Community Service Center

Garden House

5771 Roosevelt Blvd., Clearwater, 33760

Facilitator: Nathan Vail, RCSWI

### Spouse Loss: Retirement Years

October 13–November 17

Thursdays, 10 am–Noon

Community Service Center

Gathering Place West

5771 Roosevelt Blvd., Clearwater, 33760

Facilitator: Dwight Douglass, LCSW

### Spouse Loss: Working Years

November 2–December 14

Wednesdays 6 pm–8 pm

Community Service Center

Gathering Place West

5771 Roosevelt Blvd., Clearwater, 33760

Facilitator: Christina Boulding, LCSW

### Adult Loss of Parent

November 9–December 21

Wednesdays, 6:15 pm–8:15 pm

Community Service Center

Garden House

5771 Roosevelt Blvd., Clearwater, 33760

Facilitator: Daniella Saiz Calderon, MSW

## SOUTH COUNTY GROUPS

### Spouse Loss: Retirement Years

October 4–November 8

Tuesdays, 10 am–Noon

Community Service Center

Community Room 112B

3050 1st Ave. S., St. Petersburg, 33712

Facilitator: Karuna Reiff, LCSW

### Spouse Loss: Working Years

October 5–November 9

Wednesdays, 6 pm–8 pm

Community Service Center

Room 112D

3050 1st Ave. S., St. Petersburg, 33712

Facilitator: Chloe Brunner, MSW

### General Grief and Loss

October 13–November 17

Thursdays, 10 am–Noon

Community Service Center

Community Room 112D

3050 1st Ave. S., St. Petersburg, 33712

Facilitator: Suzette Lemrow, RCSWI

### Adult Loss of Parent

November 1–December 6

Tuesdays, 6 pm–8 pm

Community Service Center

Community Room, 112D

3050 1st Ave. S., St. Petersburg, 33712

Facilitator: Paul Lomangino, LCSW

## Coping with the Holidays

Wednesday, November 9

10 am–11:30 am

Community Service Center

Garden House

5771 Roosevelt Blvd., Clearwater, 33760

Facilitator: Dwight Douglass, LCSW

Thursday, November 10

6 pm–7:30 pm

Community Service Center

Room 112B

3050 1st Ave. S., St. Petersburg, 33712

Facilitator: Paul Lomangino, LCSW

Thursday, November 17

6 pm–7:30 pm

Community Service Center

Conference Room 2

2675 Tampa Rd., Palm Harbor, 34684

Facilitator: Joseph Bixler, LCSW