



# Grief Support Groups

January – March 2022

**Suncoast Hospice invites you** to participate in one of our grief support groups. These groups are designed to provide you support after the loss of someone important to you. Grieving is a uniquely personal experience and many people find comfort, hope and strength by coming together with others to remember loved ones.

Our groups are open to those whose loved ones were under the care of Suncoast Hospice and anyone in our community who has experienced a loss. The groups are generally six-weeks long and are facilitated by trained and experienced counselors. We also provide special educational workshops and community memorial services at various times during the year.

Please take some time to review this brochure and select a group that suits your needs. A new schedule is mailed quarterly throughout the year. We hope you find a group at a time and location convenient to you.

**For the safety of our participants, staff and volunteers: Masks are required and groups size will be limited based on the size of the room.**

**To register for a group, call our registration line at (727) 523-3455. Individual counseling is available through the Bereavement and Community Counseling programs. Call (727) 549-7133 for more information.**

We look forward to supporting you through your journey of healing.



**VIRTUAL GROUP**  
**Spouse Loss: Retirement Years**  
**February 2 – March 9**  
**Wednesdays, 10 am – Noon**  
Zoom Video Meeting  
Facilitator: Helen Stellrecht, LCSW



Grief

Support Groups

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Registration Required  
Call (727) 523-3455 to Register

To respect the group process, new members are not admitted after the second session. Individual counseling is available.

## NORTH COUNTY GROUPS

### Adult Loss of a Parent

January 26 – March 2  
Wednesdays, 6 pm – 8 pm

Community Service Center  
Community Room 1  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: Jessica Williamson, LCSW

### Spouse Loss: Working Years

February 1 – March 8  
Tuesdays, 6 pm – 8 pm

Community Service Center  
Community Room 1  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: Joe Bixler, LCSW

### General Grief and Loss

February 2 – March 9  
Wednesdays, 10 am – Noon

Community Service Center  
Community Room 1  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: Karen Olsen, LCSW

### Loss of an Adult Child

February 3 – March 10  
Thursdays, 10 am – Noon

Community Service Center  
Community Room 1  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: Arwyn Elden, LCSW

### Spouse Loss: Retirement Years

February 4 – March 11  
Fridays, 10 am – Noon

The Hale Senior Activity Center  
330 Douglas Ave., Dunedin, 34698  
Facilitator: Michelle Rock, MSW

### Spouse Loss: Retirement Years

March 14 – April 18  
Mondays, 10 am – Noon

Community Service Center  
Community Room 1  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: Grace Wilson, MSW

## MID-COUNTY GROUPS

### Spouse Loss: Working Years

January 12 – February 16  
Wednesdays, 6 pm – 8 pm

Community Service Center  
The Garden House  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Dwight Douglass, LCSW

### Sudden Loss

January 18 – February 22  
Tuesdays, 2 pm – 4 pm

Community Service Center  
Gathering Place B  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Geralyn Knoll, LMHC

### Adult Loss of a Parent

January 20 – February 24  
Thursdays, 6 pm – 8 pm

Community Service Center  
Gathering Place B  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Paul Lomangino, LCSW

### Spouse Loss: Retirement Years

February 3 – March 10  
Thursdays, 10:30 am – 12:30pm

Community Service Center  
Gathering Place D  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Heather Bishop, LMHC

### General Grief and Loss

February 10 – March 17  
Thursdays, 10 am – Noon

Community Service Center  
Gathering Place West  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Melissa Sankovet, LCSW

### Spouse Loss: Retirement Year

March 2 – April 6  
Wednesdays, 11 am – 1 pm

Community Service Center  
The Garden House  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Sandy Zeppieri, LCSW

## SOUTH COUNTY GROUPS

### Spouse Loss: Working Years

January 5 – February 9  
Wednesdays, 6 pm – 8 pm

Community Service Center  
Community Room 112B  
3050 1st Ave. S., St Petersburg, 33712  
Facilitator: Brigitte Kay, LCSW

### Adult Loss of a Parent

January 13 – February 17  
Thursdays, 6:30 pm – 8:30 pm

Community Service Center  
Gathering Place 112D  
3050 1st Ave. S., St Petersburg, 33712  
Facilitator: Patty Welsh, MSW

### Spouse Loss: Retirement Years

February 1 – March 8  
Tuesdays, 1:30 pm – 3:30 pm

Community Service Center  
Training Room 126  
3050 1st Ave. S., St Petersburg, 33712  
Facilitator: Edith Gunter, PhD, LCSW

### General Grief and Loss

February 1 – March 8  
Tuesdays, 2 pm – 4 pm

Community Service Center  
Community Room 112D  
3050 1st Ave. S., St Petersburg, 33712  
Facilitator: Jason Woodrum, LCSW