



Grief Support Groups October–December 2021

Suncoast Hospice invites you to participate in one of our grief support groups. These groups are designed to provide you support after the loss of someone important to you. Grieving is a uniquely personal experience and many people find comfort, hope and strength by coming together with others to remember loved ones.

Our groups are open to those whose loved ones were under the care of Suncoast Hospice and anyone in our community who has experienced a loss. The groups are generally six-weeks long and are facilitated by trained and experienced counselors. We also provide special educational workshops and community memorial services at various times during the year.

Please take some time to review this brochure and select a group that suits your needs. A new schedule is mailed quarterly throughout the year. We hope you find a group at a time and location convenient to you.

For the safety of our participants, staff and volunteers: Masks are required and groups size will be limited based on the size of the room.

To register for a group, call our registration line at (727) 523-3455. Individual counseling is available through the Bereavement and Community Counseling programs. Call (727) 549-7133 for more information.

We look forward to supporting you through your journey of healing.

SUNCOAST HOSPICE |  a member of
empath health

SHPC-21-0428



Hope For The Holidays

Develop strategies for coping with special days and holidays after the loss of a loved one by attending one of our workshops.

Registration is required. Call (727) 523-3455.

Thursday, October 28

6:00 pm–7:30 pm

Zoom Video Meeting
Facilitator: Megan Bruno, LMHC

Thursday, November 11

6:30 pm–8:00 pm

Community Service Center
Garden House
5771 Roosevelt Blvd., Clearwater, 33760
Facilitator: Dwight Douglass, LCSW

Friday, November 12

2:00 pm–3:30 pm

Community Service Center
Community Room 2
2675 Tampa Rd., Palm Harbor, 34684
Facilitator: Joe Bixler, LCSW

Monday, December 13

1:30 pm–3:00 pm

Community Service Center
Community Room 112B
3050 1st Ave. S., St Petersburg, 33712
Facilitator: Brigitte Kay, LCSW



Grief

Support Groups

October–December 2021



5771 Roosevelt Boulevard
Clearwater, Florida 33760
(727) 467-7423 • EmpathHealth.org



Grief Support Groups

October–December 2021

Call (727) 523-3455 to Register

To respect the group process, new members are not admitted after the second session. Individual counseling is available.

NORTH COUNTY GROUPS

Spouse Loss: Working Years

October 1–November 5

Fridays, 6 pm – 8 pm

Community Service Center
Community Room 1
2675 Tampa Rd., Palm Harbor, 34684
Facilitator: Barbara McCormick, LCSW

General Grief and Loss

October 6–November 10

Wednesdays, 6 pm–8 pm

Community Service Center
Community Room 1
2675 Tampa Rd., Palm Harbor, 34684
Facilitators: Sherri McCann, LCSW

Spouse Loss: Retirement Years

October 7–November 11

Thursdays, 1 pm–3 pm

Community Service Center
Community Room 1
2675 Tampa Rd., Palm Harbor, 34684
Facilitator: Debbie Stockton, MSW

Spouse Loss: Retirement Years

October 11–November 15

Mondays, 10 am –Noon

Community Service Center
Community Room 1
2675 Tampa Rd., Palm Harbor, 34684
Facilitator: Grace Wilson, MSW

Adult Loss of a Parent

November 2–December 7

Tuesdays, 6 pm–8pm

Community Service Center
Community Room 1
2675 Tampa Rd., Palm Harbor, 34684
Facilitator: Joe Bixler, LCSW

MID-COUNTY GROUPS

Spouse Loss: Working Years

October 4–November 8

Mondays, 6 pm–8 pm

Community Service Center
Garden House
5771 Roosevelt Blvd., Clearwater, 33760
Facilitator: Samantha Soto-Estrella, MSW

Spouse Loss: Retirement Years

October 6–November 10

Wednesdays, 2 pm –4 pm

Community Service Center
Garden House
5771 Roosevelt Blvd., Clearwater, 33760
Facilitator: Beth Osborn, LMHC

Spouse Loss: Retirement Years

October 7–November 11

Thursdays, 10:30 am–12:30 pm

Community Service Center
Sanctuary (Building 602)
5771 Roosevelt Blvd., Clearwater, 33760
Facilitator: Chrystenn Lightbourne, MSW

General Grief and Loss

October 12–November 16

Tuesdays, 6:30 pm–8:30 pm

Community Service Center
The Gathering Place - West
5771 Roosevelt Blvd., Clearwater, 33760
Facilitator: Daniella Saiz Calderon, MSW

Adult Loss of a Parent

November 10–December 15

Wednesdays, 6 pm–8 pm

Community Service Center
The Gathering Place - West
5771 Roosevelt Blvd., Clearwater, 33760
Facilitator: Dwight Douglass, LCSW

SOUTH COUNTY GROUPS

Spouse Loss: Retirement Years

October 5–November 11

Tuesdays, 10 am–Noon

Community Service Center
Community Room 112D
3050 1st Ave. S., St Petersburg, 33712
Facilitator: Brigitte Kay, LCSW

Spouse Loss: Working Years

October 6–November 10

Wednesdays, 6 pm–8 pm

Community Service Center
Community Room 112B
3050 1st Ave. S., St Petersburg, 33712
Facilitator: Paul Lomangino, LCSW

Spouse Loss: Retirement Years

November 1–December 6

Mondays, 2 pm–4 pm

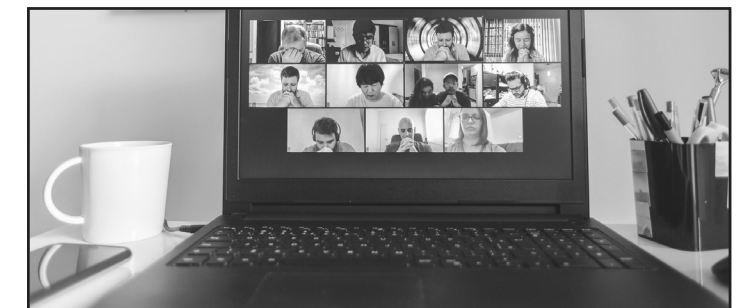
Community Service Center
Community Room 112D
3050 1st Ave. S., St Petersburg, 33712
Facilitator: Brigitte Kay, LCSW

Adult Loss of a Parent

November 4–December 16

Thursdays, 6 pm–8 pm

Community Service Center
Community Room 112B
3050 1st Ave. S., St Petersburg, 33712
Facilitator: Patty Welsh, MSW



VIRTUAL GROUP

General Grief and Loss

October 5–November 9

Tuesdays, 6 pm–8 pm

Zoom Video Meeting
Facilitator: Riley Rhoton, MSW