

## Grief Support Groups April–June 2024

**Suncoast Hospice invites you** to participate in one of our grief support groups. These groups are designed to provide you support after the loss of someone important to you. Grieving is a uniquely personal experience, and many people find comfort, hope and strength by coming together with others to remember loved ones.

Our groups are open to those who cared for and/or the immediate family members of those who were under the care of Suncoast Hospice and anyone in our community who has experienced a loss. The groups are generally six-weeks long and are facilitated by trained and experienced counselors. There is no cost for these groups. We also provide special educational workshops and community memorial services at various times during the year.

Please take some time to review this brochure and select a group that suits your needs. A new schedule is mailed quarterly throughout the year. We hope you find a group at a time and location convenient to you.

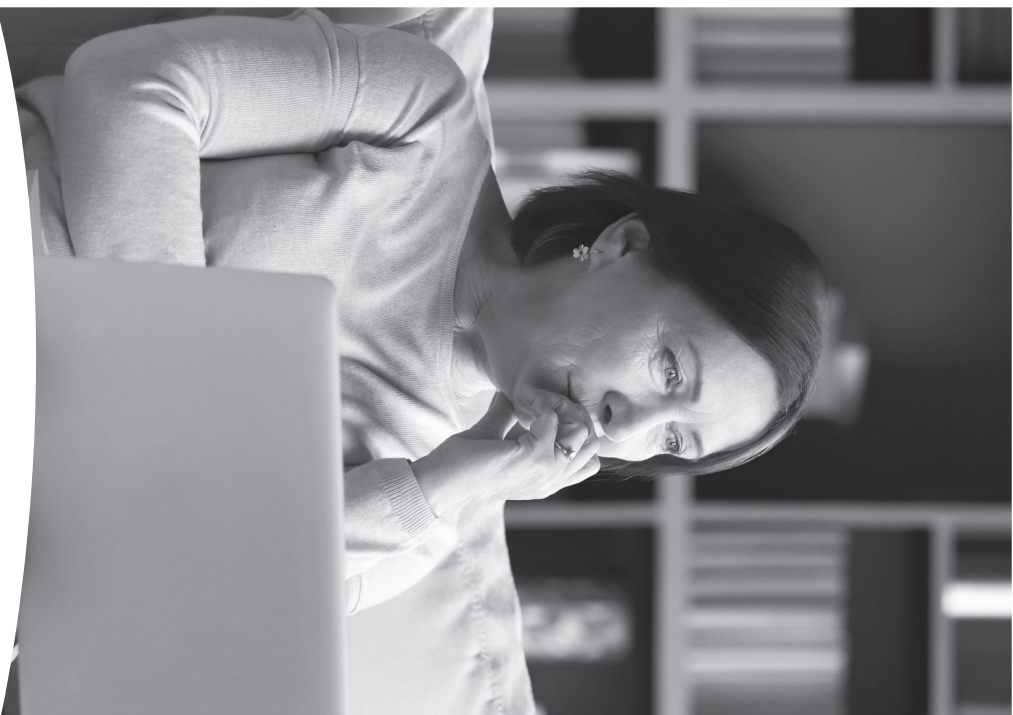
***For the safety of our participants, staff and volunteers: Masks may be required, and group size may be limited based on the size of the room to provide physical distancing.***

**To register for a group, call our registration line at (727) 549-7133. Individual counseling is available through the Bereavement and Empath Grief Care programs. Call (727) 549-7133 for more information.**

We are here to support you through your journey of healing.

 **empath**  
**SUNCOAST HOSPICE**

EHGC-24-0128



### **Additional Resources Available**

The grief experience is personal and everyone needs different support and/or information at different times. Suncoast Hospice's bereavement professionals have created additional resources to help. Visit [SuncoastHospice.org/Grief](https://SuncoastHospice.org/Grief) to find an extra layer of support.



## Grief Support Groups

April–June 2024



5771 Roosevelt Boulevard  
Clearwater, FL 33760  
(727) 467-7423 • [EmpathHealth.org](https://EmpathHealth.org)

# Grief Support Groups

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To respect the group process, new members are not admitted after the second session. Individual counseling is available.

**Registration Required**  
**Call (727) 549-7133 to Register**

Please notify us if there are special accommodations or assistance you will need.

## NORTH COUNTY GROUPS

### Adult Loss of Parent

April 3–May 8

Wednesdays, 6:00 pm–8:00 pm

Community Service Center  
Gathering Place, Room 1  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: Cassandra Szarejko, LMHC

### Spouse Loss Retirement Years

April 9–May 14

Tuesdays, 11:00 am–1:00 pm

Community Service Center  
Gathering Place, Room 2  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: Kerin Monaco, RCSWI

### General Grief and Loss

May 6–June 10

Mondays, 6:00 pm–8:00 pm

Community Service Center  
Gathering Place, Room 1  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: Grace Wilson, MSW, LCSW

### Spouse Loss Retirement Years

May 7–June 11

Tuesdays, 1:00 pm–3:00 pm

Community Service Center  
Gathering Place, Room 1  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: Debbie Stockton, MSW

### Spouse Loss Working Years

May 9–June 13

Thursdays, 6:00 pm–8:00 pm

Community Service Center  
Gathering Place, Room 1  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: Kristy Isbell, LCSW

## MID-COUNTY GROUPS

### General Grief & Loss

April 2–May 7

Tuesdays, 12:30 pm–2:30 pm

Community Service Center  
Gathering Place, Room D  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Sandy Zeppieri, LCSW

### Spouse Loss Retirement Years

April 9–May 14

Tuesdays, Noon–2:00 pm

Community Service Center  
Gathering Place, Room East  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Carmen Bales, LCSW

### Adult Loss of Parent

May 15–June 19

Wednesdays, 6:00 pm–8:00 pm

Community Service Center  
Garden House  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Dwight Douglass, LCSW

### Spouse Loss Working Years

June 4–July 9

Tuesdays, 6:00 pm – 8:00 pm

Community Service Center  
Gathering Place, Room A  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Samantha Soto Estrella, LCSW

## SOUTH COUNTY GROUPS

### Spouse Loss Retirement Years

April 3–May 8

Wednesdays, Noon–2:00 pm

Community Service Center  
Training Room 126  
3050 1st Ave. S., St. Petersburg, 33712  
Facilitator: Sharyl St. John, LCSW

### Adult Loss of Parent

April 10–May 15

Wednesdays, 6:00 pm–8:00 pm

Community Service Center  
Gathering Place, Room 112B  
3050 1st Ave. S., St. Petersburg, 33712  
Facilitator: Paul Lomangino, LCSW

### General Grief and Loss

April 23–May 28

Tuesdays, 2:00 pm–4:00 pm

Community Service Center  
Gathering Place, 112F  
3050 1st Ave. S., St. Petersburg, 33712  
Facilitator: Michelle Parasole, LCSW

### Spouse Loss Working Years

May 27–July 1

Mondays, 6:00 pm–8:00 pm

Community Service Center  
Gathering Place, Room 112B  
3050 1st Ave. S., St. Petersburg, 33712  
Facilitator: Michelle Parasole, LCSW